



**Identify Your Career Related Values**

List your top preferred values to have in a work environment or career. Place an “X” in the ranking that resonates with you. Use the space provided to add values and rank them. This exercise helps you identify what values are important to you even if they are not present in your current work environment.

| Value                            | Not Important | Very Important | Essential |
|----------------------------------|---------------|----------------|-----------|
| Ex. Work directly helps others   |               |                | X         |
| Ex. Leadership has integrity     |               |                | X         |
| Ex. Focus on health and wellness |               | X              |           |
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What are the top five values you seek to maintain or have in a work environment?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

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